



Issue 1

Down the Road



East Kent DA Newsletter

January 2001

Who's Who

I don't want to give a report on the AGM, but I thought you might like to know who is doing what now.

John Lewis - Chairman

Dennis Brunwin - Dep. Chairman

Mel Williams - Dep. Chairman

Andy Basil - Secretary

Peter Smith - Treasurer

Lorna Stanley - Runs Secretary

What kind of cyclist are you?

Perhaps over the past few years you have progressed from a total novice, when the thought of cycling five miles was as good as an Olympic event, to riding 20 miles or so maybe with a group. Are you perhaps ready to move on again? We in the East Kent DA ride out each Sunday, going for rides of between 30 and 40 miles around the lanes at a moderate pace. Although we generally keep to the East and South of Canterbury, we have been known to venture towards darkest Ashford. Have a look at our programme for 2001 overleaf and if you fancy joining the group one Sunday, give Lorna a ring on 01304 832492 or mobile number 07790763156 (just in case the venue has changed) and come along to meet the varied members of our group.

You can find more information on our website.

www.eastkentctc.org.uk Don't let the photographs put you off.

To give you an example of our rides, on Sunday 31st. December the published ride was from Wingham Bird Park to Wayout Inn at Westmarsh. The morning was very cold and icy after several days of snow, heavy frosts and cold easterly winds.

Four turned up at the start, feeling it was necessary to get some exercise after the Christmas binge. Having worked out the best route to avoid as many very minor roads as possible, and taken in enough tea, and in one case a Cornish Pasty! to satisfy the inner man, we went down into Wingham then out to Ickham and Wickhambreaux and onto Preston with no trouble. We managed to pick up another member of the group who foolishly thought he was riding straight to the pub. The roads from there on through to Westmarsh were far more slippery with quite thick slush in places. I must admit I was pretty nervous at times but with plenty of sound advice on how to tackle these conditions, we arrived safely. Two more members arrived soon after making seven of us who felt pleased to have made the effort. After an excellent roast lunch we felt ready for a few more miles. We returned to Wingham via Sandwich and Ash ending up doing about 20 miles, not far but given the poor weather conditions a pleasant spell of exercise and good company.

Tips for winter cycling

Carry a pair of latex gloves, these are very small and light but can save you getting filthy if you have to mend a puncture.

Never go out without spare inner tubes or a puncture repair outfit.

The farmers love cutting their hawthorn hedges but hate clearing up the clippings.

Cars tend to push the grit and glass to the edge of the road, so where possible and safe, ride out towards the middle of the road. Although it's a real pain after you have been for a ride try to give your machine a clean and oil.

Especially the chain. The salt put onto the roads in icy conditions does not do the metalwork any favors, ten minutes spent cleaning after a ride can save you hours and pounds.

If you are cycling through wooded areas, the light levels can become extremely low, SEE AND BE SEEN, switch on, at least a rear light.

Do you like a challenge?

Certain slightly mad members of the East Kent section are proposing to try the 'End To End' ride (Lands End to John O'Groates). At the moment there are four cyclists interested but if anyone would like to join the team, the more the merrier as they say. It will probably be in early June for two weeks, for further details ring Peter Horlock on 07790369460 (mobile)

Note from editor

I have taken over from Peter Horlock as the editor of Down The Road. I would like to thank Peter for all his hard work and hope I can continue with the same success. If you have something to say, sell or any amusing stories to relate on cycling, give me a ring on 01227 760956

Down the Road will be published half yearly, this issue is being mailed to all local CTC members but if you require future issues, either phone me or log on to our website.

Peta Masey

DATE		MEET	TIME	DESTINATION		NOTES
04.02.01	TR377528	THE LOBSTER POT, DEAL	10.15	THE GATE INN, MARSHSIDE	TR220657	
11.02.01	TR254584	WINGHAM BIRD PARK	10.15	THE DUCK, PETT BOTTOM	TR161521	
18.02.01	TR145583	JULIE'S CAFÉ, NORTH LANE, CANTERBURY	10.15	THE YEW TREE, BARFRESTON	TR 64502	
25.02.01	TR332582	YUMMIES, STRAND STREET, SANDWICH	10.15	J.D.WETHERSPOONS, DOVER		
04.03.01	TR254584	WINGHAM BIRD PARK	10.15	WAY OUT INN, WESTMARSH	TR276616	
11.03.01	TR254584	WINGHAM BIRD PARK	10.15	THE FAYRENESS, KINGSGATE	TR393710	
17.03.01		Meet for a drink on St. Patrick's Day		Contact Lorna for details		
18.03.01	TR254586	WINGHAM BIRD PARK	10.15	SHARE AND COULTER, GREENHILL	TR155661	
25.03.01	TR290435	SUGAR & SPICE, LEWISHAM RD. RIVER	10.15	THE GRIFFINS HEAD, CHILLENDEEN	TR271536	Mothering Sunday & BST begins
01.04.01	TR377528	THE LOBSTER POT, DEAL	10.15	CAT AND CUSTARD POT, PADDLESWORTH	TR195398	
08.04.01	TR260650	SARRE WINDMILL	10.15	HOP POCKET, BOSSINGHAM	TR150490	
15.04.01	TR254584	WINGHAM BIRD PARK	10.15	TIMBERBATS, BODISHAM	TR110458	Easter Sunday
16.04.01		Phone Lorna TBA				Easter Bank Holiday Monday
22.04.01	TR290435	SUGAR & SPICE, LEWISHAM RD. RIVER	10.15	ROSE AND CROWN, STELLING MINNIS	TRO46558	
29.04.01		DOVER DOCKS(to catch ferry to Calais)	08.00	CIRCULAR RIDE TO ARDRES Approx. 35mls.		
05.05.01		Weekend in Dainville		Organised ride with local group on Sunday		
06.05.01	TR145583	JULIE'S CAFÉ, NORTH LANE, CANTERBURY	10.15	THE YEW TREE, BARFRESTON	TR264502	
06.05.01		<i>GUISE</i>				Les belles d'Europe
07.05.01	TR121334	ST. BOTOLPHS BRIDGE	10.15	RYE		(May Bank Holiday)
13.05.01	TR377528	THE LOBSTER POT, DEAL	10.15	THE SUN, ST NICHOLAS AT WADE	TR265666	
20.05.01	TR145583	JULIE'S CAFÉ, NORTH LANE, CANTERBURY	10.15	THE HONEST MILLER, BROOK	TRO68446	
27.05.01	TR145583	JULIE'S CAFÉ, NORTH LANE, CANTERBURY	10.15	CARPENTERS ARMS, EASTLING	TQ963566	
28.05.01	TR121334	ST. BOTOLPHS BRIDGE	10.15	RYE		(Whit Monday)
03.06.01		<i>DOVER. (25mls/100km/100mls options)</i>		DOVER. White Cliffs Challenge, circular ride		Les belles d'Europe (<i>Help urgently needed to organise this event - phone Lorna</i>)
10.06.01	TR254584	WINGHAM BIRD PARK	10.15	ROSE AND CROWN, ELHAM	TR176438	
10.06.01		<i>CALAIS</i>				Les belles d'Europe
16.06.01		<i>ST-HUBERT</i>				Les belles d'Europe
17.06.01	TR332582	YUMMIES, STRAND STREET, SANDWICH	10.15	THE GATE INN, MARSHSIDE	TR220657	
23.06.01		<i>MELLE</i>				Les belles d'Europe
24.06.01	TR260650	SARRE WINDMILL	10.15	THE GRIFFINS HEAD, CHILLENDEEN	TR271536	
01.07.01	TR254584	WINGHAM BIRD PARK	10.15	WALNUT TREE, ALDINGTON	TRO40369	
08.07.01	TR225694	RECVLVER TOWERS CAFÉ	10.15	BLUE PIGEONS, WORTH	TR337562	
15.07.01	TR145583	JULIE'S CAFÉ, NORTH LANE, CANTERBURY	10.15	THE ALMA, PAINTERS FORSTAL	TQ993589	
22.07.01	TR377528	THE LOBSTER POT, DEAL	10.15	ZETLAND ARMS, KINGSDOWN	TR276616	
22.07.01		<i>CHIMAY</i>				Les belles d'Europe
29.07.01	TR254584	WINGHAM BIRD PARK	10.15	BOUGHTON		
<i>Please endeavour to be at the start by the time indicated as the run will start promptly 15 minutes later.</i>						
<i>New and non regular riders are advised to phone the Runs Secretary to confirm no alteration to published list has been necessary.</i>						